

mon

tue

wed

thu

fri

sat

sun

6.00am



8.00am



8.45am



9.00am



10.30am



5.40pm












6.10pm





fitnessvenue.com.au
 info@fitnessvenue.com.au
 0455 666 467

	mon	tue	wed	thu	fri	sat	sun
6.00am		 vinyasa yoga					
6.30am					 vinyasa yoga		LES MILLS BODYBALANCE
7.00am	 pilates	LES MILLS BODYBALANCE	 yin yoga	 hatha yoga		 vinyasa yoga	
9.00am	 hatha yoga	 yoga therapy	LES MILLS BODYBALANCE	 pilates	LES MILLS BODYBALANCE	 hatha yoga	
5.30pm		 vinyasa yoga					